



## Debra Lynn Paschal Thompson

October 17, 1951 - December 12, 2025

Debra Lynn Paschal Thompson, age 74, passed away on December 12, 2025, in Albany, Georgia.

Born in Glen Ridge, New Jersey, to Jeanne and Oley Paschal, Debra grew up in Nutley, NJ and graduated from East Orange High School in 1969.

Debra married the love of her youth, Gaylord Addison Thompson of East Orange, and together they raised two daughters, Melissa Adell Thompson and Morgan Elizabeth Thompson, who remained by her side throughout her life.

A passionate and lifelong sports fan, Debra brought her fierce loyalty and spirited commentary to every game. She cheered faithfully for the New York Giants, New York Mets, Brooklyn (NJ) Nets, and the South Carolina Lady Gamecocks, celebrating every win and surviving every heartbreak with her trademark fire.

Debra loved sharing her cooking and baking with family and friends, and she was a devoted lover of animals—especially her dogs and cats who brought her constant companionship and joy. She embraced hobbies ranging from sports and politics to craft projects she proudly displayed.

Known for her strength—often greater than she realized—Debra was funny, honest, sharp-witted, and unapologetically herself. She had a spicy vocabulary, a forked tongue when the moment called for it, and a fiercely loyal

heart. When she cared about someone or something, she showed up fully.

Debra is survived by her daughters, Melissa and Morgan, who walked every step of life's path with her and cared for her when she needed them most; her sisters Brenda J. Hunt of Nashua, New Hampshire, and Renee Mosely of Scotch Plains, New Jersey; her brother Maurice West of New Jersey; and her beloved pets—dogs Camryn and August, and cats Kylie, Quigley, and Quinby.

She was preceded in death by her parents; her sister Gail Susan Paschal of Roxbury, Massachusetts; and her brother Richard N. West Jr. of Newark, New Jersey.

In keeping with Debra's wishes, no memorial service will be held. Her ashes will be spread in her home state of New Jersey, where her story began.

# Tribute Wall

CG

“ Sorry to here about Debra work with her at Walmart 2703 praying for the family very loving person RIP

Cynthia Gaskins - December 23, 2025 at 10:36 AM

VW

“ When i first met her, we immediately hit iy off. She became like a second mom to me. We talked about our life pro lems and people. We was more than just nurse and patient. She would call my cell phone if she needed me. Specifically for any reason ,if I was at work or not. We had that special relationship. I will forever miss her. My dearest friend.

Valencia West - December 20, 2025 at 11:34 AM

SF

“ When I first met Miss Thompson at Pruitt health Palmyra I know we was gonna be good friends/family..I'm gonna miss her and our talks and I'm happy that she heard my voice before she left me..I will forever miss you 💕

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Sharrell fisher - December 19, 2025 at 04:15 PM